



Patrons: Anya Sainsbury CBE, Sir Anthony Dowell CBE, Kevin O'Hare CBE, Michael Nunn OBE, William Trevitt OBE.

Director Cira Robinson Founder David Gayle

APPROPRIATE PHYSICAL CONTACT IN DANCE POLICY

Teaching classical ballet and dance is a physical activity and appropriate physical contact between students and teachers in class is essential to ballet and dance training. Teachers can make physical contact with a student to illustrate a concept or to adjust a student's alignment (especially with the younger students). Ballet posture often requires adjustment of particular parts of the body simultaneously. Yorkshire Ballet Seminars ("YBS") recognises that such physical contact is a potentially complex area; Yorkshire Ballet Seminars also fully recognises its responsibilities for safeguarding students and teachers and for protecting their welfare.

The following principles and procedures are in place to fulfil YBS's obligations:

1. Physical contact by the teacher is made with particular awareness of the needs of each individual, to assist the dancer in correcting placement or illustrating a concept.
2. All teachers will treat any physical contact with due sensitivity and care, and with due regard for the wishes of the student.
3. Physical contact will not involve force or the use of any instrument.
4. Teachers will be mindful of location and avoid situations where they are isolated with a student; all classes should be held in studios and dance areas with windows.

Students should be encouraged to discuss any worries with any member of staff.

Both students and teachers should feel free to report any concerns to the Artistic Director.

**Approved by the Board of Trustees,
Date of next review, September 2025**